

slot mango

It's a common misconception that Krav Maga is a martial art. It's a self-defense system that emphasizes real-world self-defense and potentially lethal techniques makes it less suitable for the regulated environment of MMA competition.

1. Krav maga techniques are designed for survival and often escape rather than "victory" or dominance.

[If Krav Maga is so effective, why is it not featured in MMA fights? - Quora](#)

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Because well taught Krav Maga is so comprehensive in what it teaches, it makes it very effective in a street fight situation, where a