

O O bet365

Poki has the best free online games selection and offers the most fun
experience to play alone or with friends. We offer instant play to
all our games
without downloads, login, popups or other distractions. Our games are
playable on
desktop, tablet and mobile so you can enjoy them at home or on the
road. Every month
over 50 million gamers from all over the world play their favorite

games on Poki.
Krav Maga's emphasis on real-world self-defense
and potentially lethal techniques makes it less suitable for the regulated
environment of MMA competition.

1. Krav maga techniques are designed for survival and often escape rather than "victory" or dominance.

If Krav
Maga is so effective, why is it not featured in MMA fights? - Quora
: If-Krav-Maga-is-so-effective-why-is-it-not-featured-in-...

Because well taught Krav Maga is so comprehensive in what it
teaches, it makes it very effective in a street fight situation,
where anything can happen (it's also why you really need an instructor).

BT