

O O bet365

Iguaçu, 4400 - Gua Verde - Curitiba - PR - CEP: 80.240-031

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oibido qualquer uso

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If a number is rolled, this will be the number of b

reath counts the yoga pose will be held. 2. The Yoga Instructor roll

s all 6 Yoga Pose Dice together. The group of players w

ill select the pose from the Yoga Pose Dice that matches the color of the Pose T

oken they wish to move forward.

Yoga Dice - ThinkFun

: uploads : 2024/09 : YogaD-1844-Ins

tructions

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Steps to Play

1

Players roll the dice and choose a pose to hold together as a gro

up.

2

everyone can hold the pose for the number of breaths rolled on the Breath Die,

they advance a Pose Token along the track.

3

If a focus symbol is rolled, the group lose