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[Turbinado Sugar: What It Is, Is It Healthy, and More - WebMD](#) : diet : what-is-turbinado-sugar

Turbinado sugar is a less processed option than white sugar that retains small amounts of molasses. However, it does not contribute significant nutritional value and is rather expensive. Though it can be a flavorful ingredient, sweetener, or topping, it's best used in moderation like all types of sugar.

[What Is Turbinado Sugar? Nutrition, Uses, and Substitutes - Healthline](#) : nutrition : turbinado-sugar

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But chances are, if you're getting a MacBook Air instead of a MacBook Pro, you probably won't be doing too many heavy duty stuff. And the M1 chip model is still very much a capable machine for at least another 5-6 years if I'm to be honest. Of course, again, depending on what you plan to use it for.